

U THRIVE

The Youth Health & Wellness Forum 2025 Empowering Young Minds for a Healthier Future

Today's youth faces **unprecedented challenges** from **mental health struggles**, **substance abuse**, and **financial instability** to the **growing impact of climate change** on their well-being. But with the right knowledge, tools, and support, they have the power to shape their future.

U Thrive is a dynamic, interactive, and empowering discussion designed to equip Caribbean youth with **real-life solutions** for a **healthier, wealthier, and more sustainable future**.

Our panelists will engage in a **fast-paced, interactive discussion**, tackling the most pressing wellness challenges facing Caribbean youth today.

Mental Health Expert Substance Abuse Advocate Financial Literacy Coach

- Navigating stress, anxiety, and the pressures of social media while building resilience.
- A raw and real conversation on drugs, alcohol, and hidden addictions affecting youth.
- The smart money moves young people need to know, from side hustles to early financial planning.

Environmental Activist

- How climate change and pollution impact health, and why youth voices are key in sustainability.

Thought Leader

- A personal journey of overcoming challenges and achieving success, proving that resilience and smart choices lead to big wins.

Join us as a sponsor and connect with the next generation of health-conscious leaders. Our sponsorship packages offer prime visibility, direct engagement, and brand alignment with wellness, innovation, and youth empowerment. Secure your spot today.



Partnership Package
U Health and Wellness Exposition
Hyatt Regency 27th and 28th May 2025

The Youth Forum stands as a dynamic and essential platform dedicated to equipping the younger generation with critical knowledge on key topics such as mental health, financial literacy, environmental sustainability, and substance abuse. Its core mission is to raise awareness and promote informed decision-making that supports mental well-being, responsible financial behavior, and sustainable living.

Through strategic collaboration, we can significantly expand the reach and impact of this initiative. Together, we will drive comprehensive education, deepen community engagement, and create meaningful networking opportunities that empower young people to make choices aligned with holistic health and personal growth.

Below is a snapshot of our partnership as a valued partner of the Youth Forum. We are pleased to highlight the benefits you will receive and newly tailored offerings that reflect our dedication to building a meaningful and mutually beneficial relationship.

Partner Entitlements

- Brand Exposure: visibility and branding on all marketing and advertising material pre and post event including:
- Social Media; Instagram, Facebook and X.
- Traditional Media; Newspaper, Radio and Television.
- Branding on all event material (backdrops, banners and screens etc.)
- Dedicated once a day, 10-minute presentations on your Company's products or services on our Interactive Stage.
- One 10'x10' booths for Exhibition

Added Tailored Benefits

- One media appearance with host on Television and Radio pre-event.
- Early Morning video interview at Hyatt pre-launch event with media partner or live stream.
- Access to data collected from visitors and participants at Exposition for future marketing purposes only.
- Ownership of Youth Forum dedicated to 300 high school students.
- Evaluation and feedback with post-event analysis will be provided.

PARTNERSHIP COST US\$7,500.00 [or TT equivalent plus vat]